

Registration Information

Friday - no charge - open to the public

Preregistration: Saturday & Sunday -  
\$8.00 for both days

Meals - \$4.00 each  
(Excellent Natural Food provided by the  
Jam Factory.)

Mail cheque or money order payable to:

Darlene Ward  
319 Ridgewood Drive  
Castlegar, B. C.

Deadline: February 28

Late Registration: Saturday & Sunday -  
\$5.00 per day

Facilities available for Cooperative Daycare

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REGISTRATION

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Check if you want the following:

Billeting \_\_\_\_\_ No. of persons \_\_\_\_\_

Meals \_\_\_\_\_ Am't. Enclosed \_\_\_\_\_

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The logo for the Spring Festival of Awareness is enclosed in a decorative border. At the top, the word "SPRING" is written in a large, ornate, cursive font. Below it is a circular emblem containing a globe with a snake coiled around it, and a plant with leaves and a fruit. Below the emblem, the word "FESTIVAL" is written in a large, stylized, blocky font. Underneath "FESTIVAL" is the word "OF" in a smaller, simple font. At the bottom of the emblem area, the word "AWARENESS" is written in a large, bold, blocky font with a decorative flourish underneath. Below the entire emblem area, the dates "MARCH 10, 11, 12, 1978" are printed in a bold, sans-serif font. At the very bottom, the location "SELKIRK COLLEGE CASTLEGAR, B.C." is printed in a bold, sans-serif font.

SPRING

FESTIVAL

OF

AWARENESS

MARCH 10, 11, 12, 1978

SELKIRK COLLEGE  
CASTLEGAR, B.C.

Friday March 10

7 - 8:00 pm Opening Ceremony  
Everyone welcome - no charge

Sun Bear, medicine man of the Bear Tribe near Spokane will guide us in a talk on, "Walking in Balance on the Earth Mother".

8 - 8:30 Introduction to Speakers, Workshop Leaders, and General Program by Harry Jukes

8:30 - 9:30 Discussion Panel involving Festival Participants

9:30 - ? Billet Arrangements  
Music and Social Gathering

Saturday March 11

7:45 am Registration Begins

8 - 9:00 Yoga with Sid Tayal

9 - 11:00 Workshops

11 - 1:00 Lunch Break with Les Harwood, medium from Edmonton, who will talk on, "Knowledge of the Beginning of the Aquarian Age."

1 - 2:00 Workshops

2 - 4:00 Workshops

4 - 6:00 Dinner Break with Venerable Piyadassi, Ceylonese Monk, giving us, "Thought for Food".

(Natural food provided by the Jam Factory from Nelson.)

8:00 - ? Sufi Dancing - Everyone welcome with the Spokane Sufi Group.

Meditation through Painting with Colin Price

Sunday March 11

7:45 Registration Begins

8 - 9:00 Yoga with Sid Tayal

9 - 10:00 Meditation with Anajarika, Theravian Buddhist Monk

10 - 12:00 Workshops

12 - 1:30 Lunch Break with guest speaker Fritz Priesse

1:30 - 3:30 Workshops

3:30 - 5:00 Workshops

5:00 - ? Closing Ceremony with Gabriel Dinim, medicine man from the Kootenays, speaking about the medicine that we carry in our own hearts.



Confirmed Workshops include:

- Walk in Balance ..... Sun Bear
- Discussion ..... Gabriel
- Fairy and Angel Evolutions.. Skeeter
- Sufi Dancing ..... Waduda Majid
- Polarity Yoga and ..... Melissa  
Eating to Live or Living to Eat .. Fallah
- Pranayama Yoga Therapy ..... Zena Padmos
- Shiatsu & Reflexology ..... Sid Tayal
- Massage to Movement ..... Gordon Lewis  
(Asking, Listening, Balancing & Vitalizing)
- Ovulation Method of Birth Control ... Pat  
Bambrick
- Herbal Remedies ..... Bob Palumbo
- Nutrition ..... Pat Armstrong
- Taoist Physics ..... Rodney Krepps
- Natural Childbirth ..... Abra Palumbo
- Tai Chi ..... Rex Eastman
- Dream Awareness -  
A Multimedia Exploration ... David Orcutt  
With Visual Contributions by Martin Lewis

As spring joyfully prepares the way to move light, heat, and energy, so consciousness directs us towards life enhancing activity. The Spring Festival of Awareness is a gathering designed to bring the joy back into learning. During this festive occasion we are going to present an alternative view of being human and guidelines to the development of the whole person. Our typical view of being human fragments us and leaves the whole unexamined and unnoticed. With an expanded view of being human, we can rediscover our balance on the earth.

At the Festival, people will gather to share views, knowledge and energies. We have looked in our many Kootenay mountains and valleys for people willing to share their knowledge with others. So we invite you to join us in a joyful learning experience bridging gaps between knowledge and ways of being.



1978

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Bear Tribe near Spokane will  
guide us in a talk on  
"Walking in Balance on  
the Earth Mother".

8:00-8:30

Introduction to Speakers,  
Workshop Leaders, and  
General Program by Harry Jukes.

8:30-9:30

Discussion Panel involving  
Festival Participants.

9:30-?

Music and Social Gathering.  
Also a Multimedia Presentation  
by David Orcott.

Special Discussion Sessions  
During the Weekend

-Gabriel-

-Les Harwood-

-David and Cheryl Elliott-  
(Findhorn)

Displays in the Main Lounge

Kootenay Bay Ashram

The Bear Tribe

Sufi Community of Spokane

Healing Ourselves

World Symposium on Humanities

## WORKSHOPS

Saturday, March 11

9:00-11:00 am

Tai Chi - Rex Eastman

Polarity Yoga - Melissa Fallah

Walking in Balance - Sun Bear

1:00-2:00

Wholistic Healing-

Pat Armstrong

Ovulation Method of Birth

Control - Else Wadgemaker,

Vita Storey & Pat Bambrick.

Herbal Remedies - Bob Palumbo

Creating Global Communities-

3HO of Vancouver.

2:00-4:00

Dream Awareness, a multimedia  
exploration - David Orcott,  
with visual contributions by  
Martin Lewis, and Del Dettmar  
on the synthesizer.

Aqarian Age Consciousness-

Lés Harwood

Stories - Buffalo Child

Introduction to Gestalt-

Suha Kay, Wendy Jesse and

other members of the Gestalt  
Community.

4:00-6:00

Talk - Gabriel Dinim

Astrology - Fritz Pruesse

Eating to Live, Living to Eat-

Melissa Fallah

Sunday, March 12

10:00-12:00

Yoga the Art of Living-

Anna McGuire

Dialogue - Buffalo Child

Sufism - Waduda Majid

Pranayama and Yoga Therapy-

Zena Padmos

1:30-3:30

Mantra- Swami Bramananda

Fairy and Angel Evolution-

Skeeter

Home Birth - Abra Palumbo

with movie & panel discussion

A Message from our silent

friends the Flowers-

Millie Anderson

3:30-5:00

Ideals and Spiritual Diary-

Robert Phelps

Massage to Movement-

Gordon Lewis

Taoist Physics - Rodney Krepps

Shiatsu and Reflexology-

Sid Tayal